

# Single Paradiddle & Inversions

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Difficulty: All Levels

The single paradiddle and its inverted variations are versatile rudiments that can be used to create an infinite number of cool grooves, fills and hybrid rudiments. In this lesson I demonstrate the single paradiddle and three sticking variations or 'inversions.' I believe that one of the keys to playing paradiddles – or any rudiment – quickly and cleanly is to use the correct strokes, stroke combinations and hand technique. For an in-depth discussion on hand technique, including video demonstrations and pdf worksheets, check out my online lesson 'Stroke Types and Combinations' (found at [www.hardrockdrummer.com/strokes](http://www.hardrockdrummer.com/strokes)).

Let's start with the conventional sticking and accent scheme for the single paradiddle:

Single Paradiddle (conventional sticking)

R L R R L R L L

## Single Paradiddle Inversions

Applying sticking variations to the single paradiddle creates inverted paradiddles. To create the inversions, leave the accent where it is and simply move the diddle (the RR and LL portion of the paradiddle) one 16th to the right until you end up back where you started.

Diddle on the front

R R L R L L R L

Diddle in the middle

R L L R L R R L

Diddle across the groups

R L R L L R L R